

+ Holiday Service



**Your guide to going on
holiday with oxygen**

Going on holiday?

Arranging your oxygen is now easier and simpler than ever before.

Use this guide to help you understand what you need to do for a worry-free trip.

Going away in the UK

If you are travelling anywhere in the UK the oxygen service is now free of charge.

Step 1

Obtain permission for oxygen equipment to be delivered and stored at your holiday accommodation.

Step 2

Contact your GP or specialist team as soon as possible before you travel.

Step 2a (England & Wales)

Your doctor will write you a new home oxygen order for your holiday. You will need to provide:

- the dates of your holiday
- the address and telephone number where you are staying

Your doctor will send us the holiday 'home oxygen order' – we will then arrange delivery of your oxygen supplies to your destination, either ourselves or via the local supplier.

Step 2b (Scotland & Northern Ireland)

Your doctor will send us a holiday order form. We will then make all the necessary arrangements with the health service in your destination.

Step 3

Your equipment will be ready for you when you arrive and will be collected when you leave.

Step 4

As the service is free of charge there is no need to pay.

Step 5

Relax and enjoy your holiday!

Going further afield

If you are going further afield you can arrange oxygen supplies yourself. We can provide details of local suppliers. In some parts of Europe, some or all of the cost may be covered if you have a European Health Insurance Card (EHIC)*.

Or we offer a private holiday service for many parts of Europe. You will need to pay for this yourself. Simply follow these steps:

Step 1

Apply for an EHIC and ask your doctor for a letter explaining your needs.

Step 2

Obtain permission for oxygen equipment to be delivered and stored at your holiday accommodation.

Step 3

Call us on 0800 373580 for a holiday pack and order forms.

Step 4

Payment is made in Sterling before you leave. We will make all the arrangements with the local supplier so there's no need to worry about language problems and payments in local currency.

Step 5

Your equipment will be ready for you when you arrive at your destination. It will also be collected when you leave.

Step 6

Relax and enjoy your holiday!

Cruises

Oxygen for cruise holidays from the UK is not available under the home oxygen service.

Contact Omega Advanced Aeromedical on 01273 308176 or visit www.omegaoxygen.com

** provides free or reduced-cost emergency treatment in EU countries & Liechtenstein, Iceland, Norway & Switzerland.*

Planning tips

- Always seek medical advice before you travel.
- If travelling abroad order your oxygen 4–6 weeks before you depart.
- Oxygen equipment provided abroad may differ from your equipment at home.
- If you need oxygen while travelling remember to take enough for the return trip.
- If you need oxygen during a flight, contact your airline before you fly.
- Having an EHIC card does not eliminate the need for extra travel insurance for more comprehensive cover.
- If the local supplier in your destination is not Air Products, please bring back any Air Products cylinders or equipment (even if empty).
- If you cannot travel call us to cancel you holiday oxygen.

More information

For our comprehensive holiday oxygen guide and order forms call 0800 373580.

EHIC applications forms are available from the Post Office, or you can apply online. Visit www.ehic.org.uk or call 0845 606 2030

For the latest Department of Health travel advice call 0800 555777 or visit Ceefax pages 460–464 / www.dh.gov.uk/travellers

For the British Lung Foundation guide – ***Going on Holiday with a Lung Condition*** – call 08458 50 50 20 (or visit www.lunguk.org).

Air Products Medical

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